

Race Information

Race #	Approx Time	Year (Age determined as of Sept 1)	Group	Distance
1	10:00 am	Elementary Junior	Girls	1200 m
2	10:15 am	Elementary Junior	Boys	1200 m
3	10:30 am	Elementary Intermediate	Girls	1200 m
4	10:45 am	Elementary Intermediate	Boys	1200 m
5	11:00 am	Elementary Senior	Girls	1200 m
6	11:15 am	Elementary Senior	Boys	1200 m
7	11:30 am	Junior	Girls	2000 m
8	11:45 am	Junior	Boys	2000 m
9	12:00 pm	Intermediate	Girls	3000 m
10	12:15 pm	Intermediate	Boys	3000 m
11	12:30 pm	Senior	Girls	3000 m
12	12:45 pm	Senior	Boys	3000 m
13	1:00 pm	High School	Girls	4000 m
14	1:15 pm	High School	Boys	4000 m

Year (Age determined as of Sept 1)	Age as of Sept 1	Grade as of Sept 1
Elementary Junior	Less than 10 years old	Grade 4
Elementary Intermediate	10 years old	Grade 5
Elementary Senior	11 years old	Grade 6
Junior	12 years old	Grade 7
Intermediate	13 years old	Grade 8
Senior	14 years old	Grade 9
High School	15+ years old	Grade 10+