

Race Information LDAA X-COUNTRY MEET - OCTOBER 2, 2024 @ PEACE HILLS PARK

Race #	Approx Time	Year (Age determined as of Sept 1)	Group	Distance
1	10:00 am	Elementary Junior	Girls	1200 m
2	10:15 am	Elementary Junior	Boys	1200 m
3	10:30 am	Elementary Intermediate	Girls	1200 m
4	10:45 am	Elementary Intermediate	Boys	1200 m
5	11:00 am	Elementary Senior	Girls	1200 m
6	11:15 am	Elementary Senior	Boys	1200 m
7	11:30 am	Junior	Girls	2000 m
8	11:45 am	Junior	Boys	2000 m
9	12:00 pm	Intermediate	Girls	3000 m
10	12:15 pm	Intermediate	Boys	3000 m
11	12:30 pm	Senior	Girls	3000 m
12	12:45 pm	Senior	Boys	3000 m
13	1:00 pm	High School	Girls	4000 m
14	1:15 pm	High School	Boys	4000 m

Results Information

Individual and team results will be available within 48 hours after the event. Results will be sent (via email) to Coaches as soon as they are calculated. Results will not be available on the day of the event.

Individual athletes:

1. Medals will be given to the top three athletes in each race *at the event*.
2. Ribbons will be given to the 4th through 10th finishers of each race *at the event*.

Team athletes:

1. The top four finishers from each team will count for team points.
2. The next four finishers from each team (if applicable) may also count for team points.
3. Points are scored according to placement in each race.
4. Teams of less than four do not count for team scores.
5. Individual ribbons will be provided to the 1st, 2nd, and third place team in each race.

Other

1. There will be no concession available.
2. Washrooms are available on site.
3. Use caution when parking and dropping off/picking up athletes.