



Wetaskiwin  
Regional  
Public  
Schools

# Responding to Symptoms

If you are symptomatic, you should not be at school.

## Your child has any of the core symptoms

- Fever
- New or worsening cough
- Shortness of breath or difficulty breathing
- Loss of sense of smell or taste

## Your child has any other symptoms:

- Chills
- Painful swallowing / Sore throat
- Muscle / Joint aches
- Feeling unwell / Fatigued
- Nausea / Vomiting / Diarrhea
- Unexplained loss of appetite
- Runny nose / Congestion
- Conjunctivitis (pink eye)
- Headache

Your child is required to self-isolate for 10 days from start of symptoms or until receiving a negative COVID test and symptoms resolve.

To book a COVID test, call 811 or use the AHS Online Assessment Tool.

**1 symptom:** Stay home for 24 hours. If symptom doesn't improve, call 811 to determine if testing is recommended.  
**2+ symptoms:** Keep your child home. Call 811 to determine if testing is recommended. Your child can return to school once symptoms resolve and 24 hours passed since symptoms began.

Navigate to the [AHS Online Self-Assessment Tool](#).